

Just for You

March/April 2010

STC & SE-SIS
1153 West Fayette Street
2nd Floor
Syracuse, NY 13204
STC 435-4217
SE-SIS 435-4685
<http://www.syracusetc.org>

a cooperative staff
development center

Syracuse Teacher Center & SE-SIS

1) Maintaining a Healthy Lifestyle

Date: Monday, March 15, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Bunny Dimmel, Clary MS Teacher and
Post Standard Columnist

Contact Person: Ellen Thornton

Description: Join our very own Bunny Dimmel, Post Standard columnist and Clary Middle School teacher as she continues a monthly seminar on maintaining a healthy lifestyle. Bunny has been an inspiration to many who face the challenge of maintaining a healthy lifestyle while balancing work and their personal life. Participants will learn about healthy dietary choices and quick and easy recipes to sustain them. They will also have an opportunity to learn how to easily fit exercise into their routine.

Making a lifestyle change is not done overnight. It took a lifetime to establish our current living and eating habits and it takes time to turn things around. If everyone makes small changes, and avoids resorting back to old habits, they can move forward. We need to get on our sneakers, rearrange our eating, and take the steps necessary to promote healthy living.

Registration Deadline: March 8, 2010

2) Mother Jones: America's Most Dangerous Woman

Date: Tuesday, March 16, 2010
Time: 4:15 P.M. - 6:15 P.M.
Location: Central New York Teaching Center, 4983
Brittonfield Parkway, East Syracuse
Presenter: Peggy Orner
Contact Person: Stephanie Pelcher

Description: Mary Harris, "Mother Jones", (1830-1930) traveled all over this country fighting on behalf of poor workers and educating them on the benefits of belonging to a union. Attend this session and join Peggy Orner who has been performing her play since March 1996.

Registration Deadline: March 9, 2010

**Please use the registration
form on page 2**

3) Intro to SCSD E-Mail

Date: Thursday, March 18, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Stephen Bittner
Contact Person: Stephen Bittner

Description: All SCSD employees have access to a District e-mail account. Attend this workshop if you have any questions about how to log into your account, send and receive messages, send and receive attachments, create a signature file, create a distribution list, and more.

Registration Deadline: March 11, 2010

Please remind Parents and Educators Parent Advisory Board to Special Education

Wednesday, March 24th
6:00 P.M. - 8:00 P.M.
Nottingham High School
3100 East Genesee Street

4) Google

Date: Thursday, March 25, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Stephen Bittner
Contact Person: Stephen Bittner

Description: Everyone familiar with the Internet is familiar with the Google search engine. This hands-on session will acquaint participants with some of the useful extras built into Google's search engine and go on to explore many other useful Google tools including maps, document sharing, iGoogle and more.

Registration Deadline: March 18, 2010

5) Maintaining a Healthy Lifestyle

Date: Monday, March 29, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Bunny Dimmel, Clary MS Teacher and Post Standard Columnist
Contact Person: Ellen Thornton

Description: Join our very own Bunny Dimmel, Post Standard columnist and Clary Middle School teacher as she continues a monthly seminar on maintaining a healthy lifestyle. Bunny has been an inspiration to many who face the challenge of maintaining a healthy lifestyle while balancing work and their personal life. Participants will learn about healthy dietary choices and quick and easy recipes to sustain them, they will also have an opportunity to learn how to easily fit exercise into their routine.

Making a lifestyle change is not done overnight. It took a lifetime to establish our current living and eating habits and it takes time to turn things around. If everyone makes small changes, and avoids resorting back to old habits, they can move forward. We need to get on our sneakers, rearrange our eating, and take the steps necessary to promote healthy living.

Registration Deadline: March 22, 2010

6) Survey Says... Words Matter!

Date: Wednesday, March 31, 2010
Time: 3:15 P.M. - 4:45 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Ellen Thornton
Contact Person: Ellen Thornton

Description: Who do your students think they are?! Who do YOU think they are?! Join us at the Teacher Center for a look at what research says about the language we use in our classrooms, how it influences how our students see themselves and their futures, and shapes their behavior and their achievement.

Registration Deadline: March 24, 2010

Winter 2010

Continuing Education Series
School Nurses and SCSD Unit 10 members

- March 4 Hands on Training with Diabetic Equipment Including Pumps and Pens and Working with the Non-Compliant Diabetic Student
- March 11 Seizure Recognition and First Aid Treatment
- March 18 Eating Disorders
- March 25 Make-up date

Classes will be held at the Teacher Center,
1153 West Fayette St. from 3:30 P.M. until 6:30 P.M.

March/April 2010 Registration Form

To register for any of these courses please mail, fax, call or e-mail.

Syracuse Teacher Center, 1153 West Fayette Street, 2nd Floor, Syracuse, NY 13204

Voice: (315) 435-4217 Fax: (315) 435-4218 E-mail: sdixon@scsd.us

Name: _____ School: _____

Grade: _____ Position: _____ School Phone: _____

Home Phone: _____ E-mail Address: _____

Just for You Workshops you are planning to attend:

- 1. *Maintaining a Healthy Lifestyle (3/15/10)*
- 2. *Mother Jones: America's Most Dangerous Woman (3/16/10)*
- 3. *SCSD E-Mail (3/18/10)*
- 4. *Google (3/25/10)*
- 5. *Maintaining a Healthy Lifestyle (3/29/10)*
- 6. *Survey Says... Words Matter! (3/31/10)*
- 7. *Introduction to the Smart Board (4/1/10)*
- 8. *Internet Bookmarking Tools (4/7/10)*
- 9. *Maintaining a Healthy Lifestyle (4/12/10)*
- 10. *Spring Fling Hints for the Home Stretch (4/12/10)*
- 11. *Maintaining a Healthy Lifestyle (4/26/10)*

Please Note: Offerings made in the Just For You publication are for individual growth and are not Inservice Courses offered through the negotiated contract between the SCSD and STA. These offerings do not lead to contractual pay increments.

7) Introduction to the Smart Board

Date: Thursday, April 1, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Stephen Bittner
Contact Person: Stephen Bittner

Description: Does your building have a Smart Board that you would like to know how to use? Do you already use the Smart Board, but would like to learn some additional tricks or activities? If you answered yes to either of these questions, this workshop is for you. Participants in this hands-on session will learn how to set up a Smart Board and use the Notebook software to create Smart Lessons.

Registration Deadline: March 25, 2010

8) Internet Bookmarking Tools

Date: Wednesday, April 7, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Stephen Bittner
Contact Person: Stephen Bittner

Description: There are a variety of free bookmarking tools available to help teachers guide students through Internet activities. These time-saving utilities keep students on task while in the computer lab and are an effective way to share Internet-based activities with other teachers. Online bookmarking is also an essential professional development tool.

Registration Deadline: March 31, 2010

9) Maintaining a Healthy Lifestyle

Date: Monday, April 12, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Bunny Dimmel, Clary MS Teacher and Post Standard Columnist
Contact Person: Ellen Thornton

Description: Join our very own Bunny Dimmel, Post Standard columnist and Clary Middle School teacher as she continues a monthly seminar on maintaining a healthy lifestyle. Bunny has been an inspiration to many who face the challenge of maintaining a healthy lifestyle while balancing work and their personal life. Participants will learn about healthy dietary choices and quick and easy recipes to sustain them. They will also have an opportunity to learn how to easily fit exercise into their routine.

Making a lifestyle change is not done overnight. It took a lifetime to establish our current living and eating habits and it takes time to turn things around. If everyone makes small changes, and avoids resorting back to old habits, they can move forward. We need to get on our sneakers, rearrange our eating, and take the steps necessary to promote healthy living.

Registration Deadline: April 5, 2010

Onondaga County Youth Court

If you wish to learn more about Youth Court or you would like an application form, please contact Dave Palen at 295-0397 or 395-9700 or by e-mail at youthcourt@newjusticeservices.org. You can also learn about national programs at: <http://www.youthcourt.net>

10) Spring Fling Hints for the Home Stretch

Date: Monday, April 12, 2010
Time: 3:15 P.M. - 4:45 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Ellen Thornton
Contact Person: Ellen Thornton

Description: With just a couple of months left in the school year, our classroom practice can use a spring spruce-up! Come to the Teacher Center to exchange ideas and best practices with other teachers who want to make the most out of the remaining weeks of school. We'll look at the elements of highly effective classrooms and share our strategies and successes!

Registration Deadline: April 5, 2010

11) Maintaining a Healthy Lifestyle

Date: Monday, April 26, 2010
Time: 3:30 P.M. - 5:00 P.M.
Location: Syracuse Teacher Center/SE-SIS
Presenter: Bunny Dimmel, Clary MS Teacher and Post Standard Columnist
Contact Person: Ellen Thornton

Description: Join our very own Bunny Dimmel, Post Standard columnist and Clary Middle School teacher as she continues a monthly seminar on maintaining a healthy lifestyle. Bunny has been an inspiration to many who face the challenge of maintaining a healthy lifestyle while balancing work and their personal life. Participants will learn about healthy dietary choices and quick and easy recipes to sustain them. They will also have an opportunity to learn how to easily fit exercise into their routine.

Making a lifestyle change is not done overnight. It took a lifetime to establish our current living and eating habits and it takes time to turn things around. If everyone makes small changes, and avoids resorting back to old habits, they can move forward. We need to get on our sneakers, rearrange our eating, and take the steps necessary to promote healthy living.

Registration Deadline: April 19, 2010

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 ER&D Modules G & H See Page 6 PST PBIS Building Social Competence See Page 6	4 ER&D Module B See Page 6	5	6
7	8	9	10 STA Representative Assembly Meeting	11 ER&D Module C See Page 6	12	13
14	15 Maintaining a Healthy Lifestyle See Page 1	16 Mother Jones: America's Most Dangerous Woman See Page 1	17	18 SCSD E-Mail See Page 1	19	20
21	22	23 ER&D Modules G & H See Page 6	24 Parent Advisory Meeting See Page 1	25 Google See Page 1	26	27
28	29 Maintaining a Healthy Lifestyle See Page 2	30	31 Survey Says... Words Matter See Page 2 PST McKinney-Vento Act See Page 6			

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Smart Board See Page 3	2 Good Friday Recess Day	3
4	5	6	7 Bookmarking See Page 3	8 ER&D Module D See Page 6	9	10
11	12 Healthy Lifestyle See Page 3 Spring Fling See Page 3 ER&D Modules G & H See Page 6	13	14 STA Representative Assembly Meeting PST Conflict Resolution See Page 6	15	16	17
18	19	20	21	22	23	24
Spring Recess						
25	26 Maintaining a Healthy Lifestyle See Page 3	27 ER&D Module E See Page 6	28	29	30	

New Teacher Institute

Syracuse Teacher Center
3:30 P.M.- 5:00 P.M.

A series of monthly informative sessions to introduce new teachers in years 1, 2, 3 to SCSD effective practices.

March 18 Data Driven Instruction - Unpack Those Numbers, Please!

April 29 Brain Research and Learning Styles of Your Students

May 19 Ending Your Year

June 3 Teacher Certification, Model of Practitioner Evaluation

Contact Michele Mazur, New Teacher Induction Facilitator
mmazur@scsd.us or 435-6527

New Teachers

If you have finished your ER&D and New Teacher Orientation requirement you do not have to pay the \$15 registration fee for your first SCSD inservice.

Questions - contact Michele Mazur at 435-6527 or e-mail mmazur@scsd.us

Spring 2010 - Second Chance Sessions! Educational Research and Dissemination (ER&D)

Foundations of Effective Teaching:
Organizing the Classroom Environment for Teaching and Learning

Newly hired Unit 1 staff members must attend all Modules (A - I) to fulfill their contractual obligation.

Classes will be at the Teacher Center and run from
3:30 P.M. - 6:30 P.M.

Module B	March 4 - Beginning of the Year Classroom Management - Part 2
Module C	March 11 - Effective Group Management - Part 1
Module D	April 8 - Effective Group Management - Part 2
Module E	April 27 - Interactive Direct Instruction - Part 1
Module F	May 4 - Interactive Direct Instruction - Part 2
Modules G/H	March 3, March 23 or May 12 - Homework and Praise
Module I	April 7, April 15 or June 1 - Time on Task

For questions or to register contact
Michele Mazur 435-6527 or mmazur@scsd.us

P.O.W.E.R Teaching- the ER&D Way!

What is ER&D?

Educational Research and Dissemination is:

P - Precise teaching and class management strategies

O - Outstanding Level 3 replicated research-based strategies

W - Work cannot be done if students are not managed

E - Efficiency is at the core of the strategies

R - Respect for teaching as ER&D was created by peers for peers

The American Federation of Teachers Educational Research and Dissemination (ER&D) Program is a union-sponsored, research-based professional development program. New teachers have attended ER&D as part of their induction program. The ER&D modules on Effective Classroom Management are good for everyone!

ER&D clinics are for those who attended Foundations 1- Organizing your classroom environment for teaching and learning and for those who would like a sampling of the modules to learn POWER teaching!

March 24 Interactive Direct Instruction - Part 1

April 28 Interactive Direct Instruction - Part 2

May 18 Effective Group Management - Part 1

June 2 Effective Group Management - Part 2

Contact Michele Mazur, New Teacher Induction Facilitator at
mmazur@scsd.us or 435-6527

Pupil Service Team (PST) Professional Development for Newly Hired PST Members

All sessions will be at the Syracuse Teacher Center from
3:30 P.M. - 6:30 P.M.

March 3rd PBIS - Building Social Competence

March 31st McKinney-Vento Act

April 14th Conflict Resolution

May 12th Parent Collaboration

May 26th Community Resources

For questions or to register contact
Michele Mazur 435-6527 or mmazur@scsd.us

Conferences

How to Handle Conflict and Confrontation - March 15, 2010, East Syracuse, New York, \$199. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

NYSASCD - Understanding the Principals of Good Teaching - March 16, 2010, Syracuse, New York, \$185. Contact: NYSASCD 845-753-3795 or go to <http://www.newyorkstateascd.org>

How to Be an Outstanding Communicator - March 23, 2010, East Syracuse, New York, \$179. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Management Skills for Secretaries, Administrative Assistants, and Support Staff - March 31, 2010, Syracuse, New York \$199. Contact: Fred Pryor Seminars (800) 556-2998 or go to <http://events.pryor.com/241604>

Management Skills for First-Time Supervisors - April 12, 2010, Syracuse, New York, \$179. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Communicating With Tact and Skill - April 13, 2010, Syracuse, New York, \$179. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Administrative Assistants Conference - April 27-28, 2010, East Syracuse, New York, \$199. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Developing Your Emotional Intelligence - May 4, 2010, Syracuse, New York, \$199. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Time Management & Organization Skills - May 26, 2010, Syracuse, New York, \$179. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Advanced Training for Microsoft Excel - June 22, 2010, East Syracuse, New York, \$179. Contact: National Seminars (800) 258-7246 or go to <http://www.nationalseminarstraining.com>

Syracuse Teacher Center
2nd Floor
1153 West Fayette Street
Syracuse, NY 13204

RETURN SERVICE REQUESTED

First
Class
Postage

Phone Listing for STC and SE-SIS

STC Staff Development Specialists

Stephen Bittner.....435-4197
Stephanie Pelcher.....435-4236
Ellen Thornton.....435-6360

SE-SIS Improvement Specialists

Tara Feller435-6000 X-5092
Janel Milana435-6000 X-5093
Dave Zawadzki435-4090

Syracuse Teacher Center Policy Board Members:

Denise Androvette	Bobbie Jean Davis-Jackson	Karen Markoff	Anne Marie Voutsinas
Mary Lou Balcom	Mary Beth Domachowske	Cheryl Molesky	Margaret Wilson
Karen Blue	Maureen Kendrick	Dave Muolo	
Cheryl Canfield	Tim Duffy	Lyda Ragonese	
John Ciero	Mike Foley (Alt.)	Bill Scott	
Sabrina Davis	Daniel Lowengard (Alt.)	Christine Vogelsang	

New Teacher Induction Facilitator

Michele Mazur435-6527

Special Education Support Staff

Floris Palmer.....435-6314

Secretarial Staff

Elly Contos (SE-SIS)435-4685
Shirley Dixon (STC)435-4247
Forch Rioux (STC)435-4217

The Syracuse City School District hereby advises students, parents, employees, and the general public that it offers employment and educational opportunities, including vocational education opportunities, without regard to age, gender, race, color, religion, marital status, sexual preference, national origin or disability. Inquiries regarding this non-discrimination policy may be directed to: Title IX and Section 504 Coordinator, Syracuse City School District, 725 Harrison Street, Syracuse, New York 13210 (315) 435-4212